

# Tstreet Volleyball Club IRVINE Summer 2024 Camps & Clinics







1 Autry Irvine, CA 92618 949-305-8083 www.tstreetvolleyball.com

# Tstreet Volleyball Club Irvine 2024 Summer Camps & Clinics

Tstreet is excited to bring you another full summer of volleyball camps and clinics! Camps begin June 3 and conclude with the Troy Tanner Camp August 5-8 for girls ages 10 – 14!

Founder and Technical Director Troy Tanner has won Olympic Gold medals as both a player ('88) and coach ('08). His award-winning staff are on the courts throughout the summer teaching and working with athletes. *Camps and clinics are open to all athletes regardless of previous volleyball club affiliations.* Unless otherwise specified, all workouts take place in our State-of-the-Art gymnasium located at the corner of Bake and Muirlands in Irvine, California.

COVID Safety Policies: Masks are optional but those who are more comfortable in them are encouraged to wear a mask. Be mindful of your own health and exposure throughout the summer and take care to stay healthy and safe before attending any camps or clinics.

# Register your athlete according to her/his "Club Age: for the 2024/2025 Season

To determine the correct age division, please find your child's Month of Birth in the left column and then the											
year of birt	year of birth in the same row. The heading of the column matching the Year of Birth is the correct age bracket.										
Birth	18 &	17 &	16 &	15 &	14 &	13 &	12 &	11 &	10 &	9 &	8 &
Month	Under	Under	Under	Under	Under	Under	Under	Under	Under	Under	Under
July	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
August	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
September	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
October	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
November	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
December	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016
January	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
February	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
March	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
April	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
May	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017
June	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017

#### CAMP AND CLINIC REFUND POLICY

#### ONLINE REGISTRATION ONLY - NO WALK UPS!

#### If Camp or Clinic is \$99.00 or Under:

- ❖ Cancellation made **outside of two weeks** of camp: \$15.00 cancellation fee
- Cancellation made within two weeks of camp: 50% cancellation fee
- ❖ Cancellation inside of 72 hours: NO REFUND. CAMP CREDIT ONLY

#### If Camp or Clinic is \$100.00 - \$199.00:

- ❖ Cancellation made **outside of two weeks** of camp: \$35.00 cancellation fee
- Cancellation made within two weeks of camp: 50% cancellation fee
- Cancellation inside of 72 hours: NO REFUND. CAMP CREDIT ONLY

## If Camp or Clinic is \$200.00 and Up:

- ❖ Cancellation made **outside of two weeks** of camp: \$50.00 cancellation fee
- ❖ Cancellation made within two weeks of camp: 50% cancellation fee
- ❖ Cancellation inside of 72 hours: NO REFUND. CAMP CREDIT ONLY

#### **Camp or Clinic Change Fee:**

\*Camp Transfers will incur a change fee of \$10.00 for each transfer

# Tstreet 2024 Summer Camps at a Glance\* June 3<sup>rd</sup> – August 8<sup>th</sup>, 2024

\*schedule may vary week to week

\*\*All Camps at Tstreet Volleyball Club, Irvine, CA 92618 unless otherwise specified\*\*

Time	Monday	Tuesday	Wednesday	Thursday
8:30 AM – 12:00 PM	Coed Day Camp	Coed Day Camp	Coed Day Camp	Coed Day Camp
8:30 AM – 12:00 PM	Girls Jr High All Skills			
12:00 – 1:00 PM	Break	Break	Break	Break
1:00 – 2:00 PM	Skills Work	Skills Work	Skills Work	Skills Work
2:00 – 3:00 PM	Skills Work	Skills Work	Skills Work	Skills Work
3:00 – 4:00 PM	Skills Work	Skills Work	Skills Work	Skills Work
4:00 – 4:30 PM	Break	Break	Break	Break
4:30 – 6:00 PM	12/14 Flite All Skills	Tweens	12/14 Flito All Skills	Tweens
5:00 – 6:00 PM	13/14 Elite All Skills	Specialty Clinics	13/14 Elite All Skills	Specialty Clinics
6:00 – 7:30 PM	15U Girls TPC	15U Girls TPC	15U Girls TPC	15U Girls TPC
7:30 – 9:00 PM	16U-18U Girls TPC	16U-18U Girls TPC	16U-18U Girls TPC	16U-18U Girls TPC

# MORNING CAMPS WITH TSTREET VOLLEYBALL CLUB



# **Co-Ed Day Camp**

Introductory (boys and girls, Grades 3 - 5)

This 3½ hour camp is open to girls and boys. Tstreet staff members teach your child correct volleyball fundamentals and movement patterns in a safe and comfortable day-camp environment. Instructors demonstrate and explain techniques and tactics, and subsequent drills are designed to give as many quality contacts as possible. Each player will learn setting, hitting, passing, and serving. We finish each day with 6 vs. 6 competitions. Our Day Campers always show marked improvement over the summer. Please prepare your child's own snacks for snack break and include plenty of water. There are no prerequisites and campers may join at any time throughout the summer. REGISTER HERE.

Co-Ed Day Camp Week 1 (Monday – Thursday)	June 3-6, 2024	8:30 am – 12:00 pm
Co-Ed Day Camp Week 2 (Monday – Thursday)	June 10-13, 2024	8:30 am – 12:00 pm
Co-Ed Day Camp Week 3 (Monday – Thursday)	June 17-20, 2024	8:30 am – 12:00 pm
Co-Ed Day Camp Week 4 (Monday – Thursday)	June 24-27, 2024	8:30 am - 12:00 pm
Co-Ed Day Camp Week 5 (Monday – Wednesday)	July 1-3, 2024	8:30 am - 12:00 pm
Co-Ed Day Camp Week 6 (Monday – Thursday)	July 8-11, 2024	8:30 am - 12:00 pm
Co-Ed Day Camp Week 7 (Monday – Thursday)	July 15-18, 2024	8:30 am - 12:00 pm
Co-Ed Day Camp Week 8 (Monday – Thursday)	July 22-25, 2024	8:30 am - 12:00 pm
Co-Ed Day Camp Week 9 (Monday – Thursday)	July 29-Aug. 1, 2024	8:30 am - 12:00 pm

Cost: Registration per Week (Four Sessions) \$325, PASSES AVAILABLE

# Girls All Skills Training

Introductory – Intermediate (Grades 6 - 8)

This 3½ hour camp focuses on the fundamentals of the game and is designed to prepare female Junior High athletes for their school programs while receiving quality instruction from top coaches and supervisors. Athletes will be trained in the different patterns and mechanics of the game and 6 v 6 games will be played. Participants in Girls All Skills Training will come away with a solid skillset and prepared to join their junior high team, Tstreet Tweens, or Tstreet Club programs. Please prepare your child's own snacks for snack break and include plenty of water. There are no prerequisites and campers may join at any time throughout the summer. **REGISTER HERE.** 

Girls All Skills Camp Week 1 (Monday – Thursday)	June 3-6, 2024	8:30 am – 12:00 pm
Girls All Skills Camp Week 2 (Monday – Thursday)	June 10-13, 2024	8:30 am – 12:00 pm
Girls All Skills Camp Week 3 (Monday – Thursday)	June 17-20, 2024	8:30 am – 12:00 pm
Girls All Skills Camp Week 4 (Monday – Thursday)	June 24-27, 2024	8:30 am - 12:00 pm
Girls All Skills Camp Week 5 (Monday – Wednesday)	July 1-3, 2024	8:30 am - 12:00 pm
Girls All Skills Camp Week 6 (Monday – Thursday)	July 8-11, 2024	8:30 am - 12:00 pm
Girls All Skills Camp Week 7 (Monday – Thursday)	July 15-18, 2024	8:30 am - 12:00 pm
Girls All Skills Camp Week 8 (Monday – Thursday)	July 22-25, 2024	8:30 am - 12:00 pm
Girls All Skills Camp Week 9 (Monday – Thursday)	July 29-Aug. 1, 2024	8:30 am - 12:00 pm

Cost: Registration per Week (Four Sessions) \$325, PASSES AVAILABLE

# AFTERNOON CAMPS WITH TSTREET VOLLEYBALL CLUB



# JUNE SKILLS SESSIONS:

# **Hitter / Setter Clinic**

#### Intermediate (Girls grades 6-10)

Focus on improving your hitting with players of your own age and skill level. These one-hour training sessions begin with skill acquisition and reinforcement. Rhythm and timing in conjunction with footwork is a major emphasis. Arm action and approaches will also be addressed as athletes learn to "dial in" optimum hitting mechanics. Setters work to lock in the mechanics of state-of-the-art setting patterns, including specific setting mechanics for jump setting, multi-tempo sets, dumping, pipe/Bic and back sets. All aspects of the setting position are covered in detail and setting offers a low player to coach ratio for plenty of feedback. Three separate courts are provided, and players will be grouped according to age and skill level. **REGISTER HERE.** 

Hitter / Setter Clinic Week 1 (Monday – Thursday)	June 10 – 13, 2024	1:00 pm - 2:00 pm
Hitter / Setter Clinic Week 2 (Monday – Thursday)	June 17 – 20, 2024	1:00 pm - 2:00 pm
Hitter / Setter Clinic Week 3 (Monday – Thursday)	June 24 – 27, 2024	1:00 pm - 2:00 pm
Hitter / Setter Clinic Week 4 (Monday – Wednesday)	July 1-3, 2024	1:00 pm - 2:00 pm

Online Registration: Weekly (4 sessions) \$100; Drop-In session \$35; PASSES AVAILABLE

# **Defense / Passing Clinic**

### Intermediate (Girls grades 6-10)

Service reception (passing) is a major emphasis of this camp. Developing a straight, consistent, and "trusted" passing platform is the goal. Participants will learn to stay low, balanced, and strong while receiving lots of reps and feedback. This camp also emphasizes the fundamental skills necessary to be great at defense. This is one of our most popular camps and participants have a great time as they receive countless opportunities to pass a wide variety of attacks. Three separate courts are provided, and players will be grouped according to age and skill level. **REGISTER HERE.** 

Defense / Passing Clinic Week 1 (Monday – Thursday)	June 10 – 13, 2024	2:00 pm - 3:00 pm
Defense / Passing Clinic Week 2 (Monday – Thursday)	June 17 – 20, 2024	2:00 pm - 3:00 pm
Defense / Passing Clinic Week 3 (Monday – Thursday)	June 24 – 27, 2024	2:00 pm - 3:00 pm
Defense / Passing Clinic Week 4 (Monday – Wednesday)	July 1-3, 2024	2:00 pm - 3:00 pm

Online Registration: Weekly (4 sessions) \$100; Drop-In session \$35; PASSES AVAILABLE

### JULY/AUGUST SKILLS SESSIONS:

# Serve & Pass Clinic

### Intermediate - Advanced (Girls grades 6-10)

This camp focuses on increasing serving velocity and accuracy. Three essential styles of serving (standing float, jump float and spin/spike serve) will be demonstrated and taught. Coaches focus on starting posture, toss placement, arm and hand action, and follow through. Service reception (passing) is also a major emphasis of this camp. Developing a straight, consistent and "trusted" passing platform is the goal. Participants will learn to stay low, balanced, and strong while receiving lots of reps and feedback. Three separate courts are provided, and players will be grouped according to age and skill level. **REGISTER HERE.** 

Serve & Pass Clinic Week 1 (Monday – Thursday)	July 8 - 11, 2024	1:00 pm - 2:00 pm
Serve & Pass Clinic Week 2 (Monday – Thursday)	July 15 - 18, 2024	1:00 pm - 2:00 pm
Serve & Pass Clinic Week 3 (Monday – Thursday)	July 22 - 25, 2024	1:00 pm - 2:00 pm
Serve & Pass Clinic Week 4 (Monday – Thursday)	July 29 – August 1, 2024	1:00 pm - 2:00 pm

Online Registration: Weekly (4 sessions) \$100; Drop-In session \$35; PASSES AVAILABLE

# **Hitting & Blocking Clinic**

#### Intermediate - Advanced (Girls grades 6-10)

Focus on improving your hitting & blocking with players of your own age and skill level. These one-hour training sessions begin with skill acquisition and reinforcement. Rhythm and timing in conjunction with footwork is a major emphasis. Arm action and approaches will also be addressed as athletes learn to "dial in" optimum hitting mechanics. Setters are encouraged to join this clinic, as it is a great opportunity to work with hitters and reinforce skills learned at our setting clinics. Three separate courts are provided, and players will be grouped according to age and skill level. **REGISTER HERE.** 

Hitting & Blocking Clinic Week 1 (Monday – Thursday)	July 8 - 11, 2024	2:00 pm - 3:00 pm
Hitting & Blocking Clinic Week 2 (Monday - Thursday)	July 15 - 18, 2024	2:00 pm - 3:00 pm
Hitting & Blocking Clinic Week 3 (Monday – Thursday)	July 22 - 25, 2024	2:00 pm - 3:00 pm
Hitting & Blocking Clinic Week 4 (Monday - Thursday)	July 29 – August 1, 2024	2:00 pm - 3:00 pm

Online Registration: Weekly (4 sessions) \$100; Drop-In session \$35; PASSES AVAILABLE

#### **Defense Clinic**

#### Intermediate - Advanced (Girls grades 6-10)

This camp emphasizes the fundamental skills necessary to be great at defense and service reception. This is our most popular camp, and participants have a great time as they receive countless opportunities to pass a wide variety of attacks. Improvement is phenomenal! All volleyball players, regardless of position, will benefit by improving their ball control in this clinic. Three separate courts are provided, and players are grouped according to age and skill level. **REGISTER HERE.** 

Defense Clinic Week 4 (Monday - Thursday)	July 29 – August 1, 2024	3:00 pm - 4:00 pm
Defense Clinic Week 3 (Monday – Thursday)	July 22 - 25, 2024	3:00 pm - 4:00 pm
Defense Clinic Week 2 (Monday – Thursday)	July 15 - 18, 2024	3:00 pm - 4:00 pm
Defense Clinic Week 1 (Monday – Thursday)	July 8 - 11, 2024	3:00 pm - 4:00 pm

Online Registration: Weekly (4 sessions) \$100; Drop-In session \$35; PASSES AVAILABLE

#### 13U/14U Advanced/Elite All Skills

#### Advanced (girls only, 13-14 years old)

13/14 Advanced/Elite All Skills is designed for high level club athletes with experience playing at an advanced level (i.e., Nationally Open, USA division level, SCVA Divisions 1-3). This elite training is meant to reinforce advanced mechanics in passing, hitting, blocking, setting, defense, etc., continue to develop high volleyball IQ, and compete in fast paced 6 v 6. All sessions are run by veteran Tstreet coaches, many of them gold medal winning coaches. *Camp is open to girls who previously played for other Clubs in the elite divisions/leagues specified above*. Advanced clinics are two days per week – Mondays and Wednesdays. You must register according to your 2024/2025 Club Age Division. **REGISTER HERE**.

13U/14U Advanced/Elite All Skills Week 1 (Monday & Wednesday)	July 8 & 10, 2024	4:30 pm - 6:00 pm
13U/14U Advanced/Elite All Skills Week 2 (Monday & Wednesday)	July 15 & 17, 2024	4:30 pm - 6:00 pm
13U/14U Advanced/Elite All Skills Week 3 (Monday & Wednesday)	July 22 & 24, 2024	4:30 pm - 6:00 pm
13U/14U Advanced/Elite All Skills Week 4 (Monday & Wednesday)	July 29 & 31, 2024	4:30 pm - 6:00 pm
13U/14U Advanced/Elite All Skills Week 5 (Monday & Wednesday)	August 5 & 7, 2024	4:30 pm - 6:00 pm

Cost: Online Registration (2 sessions) is \$85, Drop-In sessions \$50; PASSES AVAILABLE

#### **Tweens**

Introductory (girls 9-14 years old, grades 3 - 8)

Tstreet's "Tweens" program is designed to bridge the gap between our "Youth Clinics" and "Club" Volleyball. Tweens participants receive quality instruction two times a week, a Tstreet T-shirt, and compete in Inner Club Scrimmages. Most Tweens athletes go on to play Club Volleyball, and a single season of Tweens volleyball is often enough preparation to earn a roster position. Tweens is an introductory program, but practices are serious, and participants are expected to work hard, improve, and have a great time. Playing time is shared among all players. There are no tryouts for Tweens - all interested players will be placed on teams on a "first-come, first-serve" basis. **REGISTRATION OPENS APRIL 1, 2024** 

Summer Tweens (Tuesdays and Thursdays) July 9 – August 8, 2024

4:30 pm- 6:00 pm

Online Registration: See Details Online at www.TstreetVolleyball.com.

# **EVENING CAMPS WITH TSTREET VOLLEYBALL CLUB**

# Girls 15U Try-Out Preparation Clinic (TPC)

All Skill Levels (girls only, grade 9)

All High School aged girls preparing to make their club teams are encouraged to participate! All sessions are run by veteran Tstreet coaches, many of them gold medal winning coaches. TPC's are used to more thoroughly evaluate athletes looking to get a roster position with Tstreet for the 24/25 Club Season. Clinic is open to girls who previously played for other Clubs. TPC's are Monday through Thursday. You must register according to your 2024/2025 Club Age Division. Three Courts are provided, and athletes are placed based on skill level, beginner to advanced. REGISTRATION OPENS APRIL 1, 2024.

# 2024/2025 Club Tryout dates for 15U - 18U (High School aged girls) open July 27, 2024

15U Try-out Preparation Clinic 1 (Monday – Thursday)	July 8 – 11, 2024	6:00 pm – 7:30 pm
15U Try-out Preparation Clinic 2 (Monday - Thursday)	July 15 – 18, 2024	6:00 pm – 7:30 pm
15U Try-out Preparation Clinic 3 (Monday - Thursday)	July 22 – 25, 2024	6:00 pm – 7:30 pm

2024/2025 Club Tryouts for 15U Girls open July 27, 2024. Commitment/Sizing Day is TBA

Cost: Online Registration (4 sessions) is \$170, Drop In Session \$50

# **Girls 16U-18U Try-Out Preparation Clinic (TPC)**

All Skill Levels (girls only, grade 10-12)

All High School aged girls preparing to make their club teams are encouraged to participate! All sessions are run by veteran Tstreet coaches, many of them gold medal winning coaches. TPC's are used to more thoroughly evaluate athletes looking to get a roster position with Tstreet for the 24/25 Club Season. Clinic is open to girls who previously played for other Clubs. TPC's are Monday through Thursday. You must register according to your 2024/2025 Club Age Division. Three Courts are provided, and athletes are placed based on skill level, beginner to advanced. REGISTRATION OPENS APRIL 1, 2024.

# 2024/2025 Club Tryout dates for 15U - 18U (High School aged girls) open July 27, 2024

16U-18U Try-out Preparation Clinic 1 (Monday – Thursday)	July 8 – 11, 2024	7:30 <b>–</b> 9:00 pm
16U-18U Try-out Preparation Clinic 2 (Monday - Thursday)	July 15 – 18, 2024	7:30 <b>–</b> 9:00 pm
16U-18U Try-out Preparation Clinic 3 (Monday - Thursday)	July 22 – 25, 2024	7:30 – 9:00 pm

Cost: Online Registration (4 sessions) is \$170, Drop In Session \$50

# SPECIALTY / EXCLUSIVE CAMPS WITH TSTREET VOLLEYBALL CLUB

# Specialty Training: Setting

# Intermediate – Advanced (Girls grades 6-10)

This co-ed Setting Camp lays the foundation and locks in the mechanics of state-of-the-art setting patterns. Camp includes video analysis, and specific setting mechanics for jump setting, multi-tempo sets, dumping, pipe/Bic and back sets. All aspects of the setting position are covered in detail and setting offers a low player to coach ratio for plenty of feedback. This specialty camp runs for select weeks on Tuesdays and Thursdays, 5:00 – 6:00 PM. **REGISTER HERE.** 

Setting Clinic Week 1 (Tuesday & Thursday) July 9 & 11, 2024 5:00 pm - 6:00 pm

Setting Clinic Week 2 (Tuesday & Thursday)

July 16 & 18, 2024

5:00 pm - 6:00 pm

Setting Clinic Week 3 (Tuesday & Thursday) July 23 & 25, 2024 5:00 pm - 6:00 pm

Online Registration: Weekly (2 sessions) \$60; All Setting Sessions \$150

# Specialty Training: Middle Blockers

# Intermediate – Advanced (Girls grades 6-10)

Middle Blockers Camp works with athletes who specialize or will specialize in this particular position and locks in the mechanics of footwork and timing for hitting MB sets across the net, including the Gap, 3, Quick, A, and Slide. Middle Blockers also get targeted instruction in blocking footwork and transition, hand angles, swing blocking, etc. from experienced coaching staff and alumni. This specialty camp runs for select weeks on Tuesdays and Thursdays, 5:00 – 6:00 PM. **REGISTER HERE.** 

Middle Blockers Clinic Week 1 (Tuesday & Thursday) July 30 & August 1, 2024 5:00 pm - 6:00 pm

Middle Blockers Clinic Week 2 (Tuesday & Thursday)

August 6 & 8, 2024

5:00 pm - 6:00 pm

Online Registration: Weekly (2 sessions) \$60; All Middle Blocker Sessions \$99

# **Troy Tanner Camp**

### Intermediate (girls only, 10 – 14 years old)

Tstreet's founder and two-time Olympic Gold Medalist leads all sessions of his camp. Award-winning Tstreet Coaches will be on the floor throughout the camp giving feedback. Expect guests from the USA National Team and Tstreet alumnae. Every skill essential to volleyball is included. Participants receive lots of repetitions and feedback and radically improve. In addition to volleyball, the camp includes video feedback and seminar-style discussions on nutrition, recruiting and more. Camp is open to female athletes 10 to 14 years old, **regardless of club affiliation.** Three courts are provided, and players are grouped according to age and skill. **REGISTER HERE** 

Troy Tanner Camp Ages 10-12; 13-14 August 5 – 8, 2024 8:00 am - 11:00 am

Troy Tanner Camp Ages 13-14 August 5 – 8, 2024 12:30 pm – 3:30 pm

Online Registration: See Details Online at www.TstreetVolleyball.com.